

IMPORTANT DATES



- Apr 22 **NO SCHOOL**
Non-Instructional Day
- Apr 23 Hot Lunch
- Apr 24 School-Wide Run 11:30
- Apr 26 Art from the Heart visits to Pynelogs
- May 1 School-Wide Run 11:30
- May 3 Newsletter
- May 4 Ready, Set, Learn event at Pothole Park 9:30-11:30
- May 6 PAC Mtg 6:30
- May 7 Hot Lunch
- May 8 School-Wide Run 11:30
- May 10 Interim Reports

NUT AWARE



Tree nut items/foods are permitted at the school at this point.

This practice could suddenly change.

In the event that it does, the school will communicate this to let parents/guardians know.

WES PAC NEWS

Next PAC Meeting
Monday, May 6
6:30pm @ WES

*All parents welcome and invited to attend!



WES PILLARS

Look after yourself.
Look after each other.
Look after this place.
Be a respectful listener

WINDERMERE ELEMENTARY SCHOOL, "Where Children Soar" APRIL 19, 2024

Dear Windermere Elementary School families,

I hope our WES families are looking forward to a wonderful weekend. We have a lot going on at our school in the upcoming weeks and the weekends are times to look forward to as we relax, get outside, spend time with family and friends and prepare for the next busy week. Please check out our school calendar on the WES website to put any important dates on your own calendars so you don't miss out on any of the activities our students participate in during these last couple of months. There are many opportunities for parents to volunteer at our events such as track and field and class field trips. If you have not yet completed your CARP training with me, feel free to email the school as we can book you in. Thank you very much to our volunteers who help support our students on these school events!

Have a wonderful end to April everyone!

Sincerely,

Keri Gust
Principal, Windermere Elementary School
SD6

Next hot lunch will be on Tuesday, April 23th

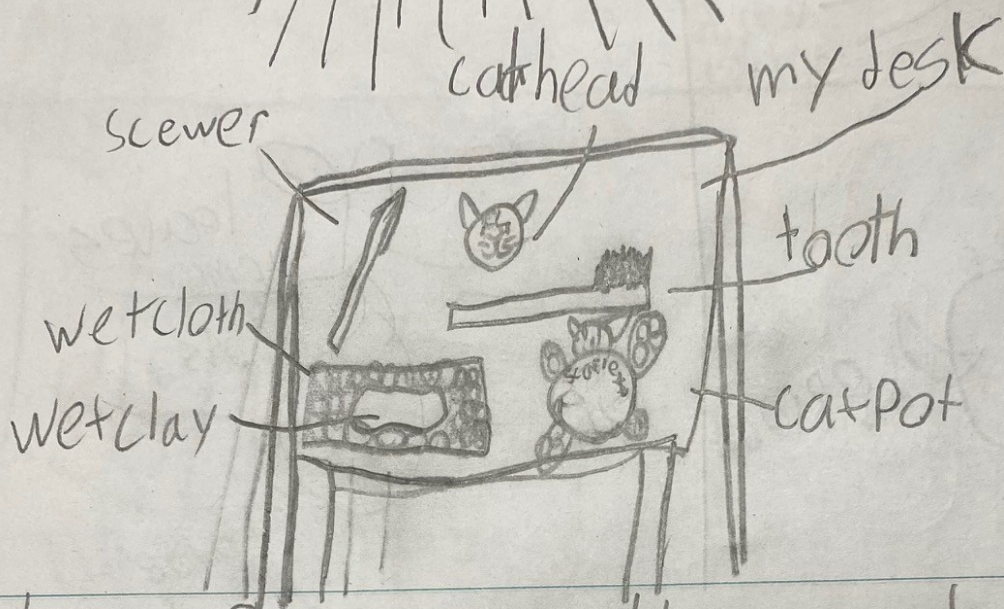
Spaghetti and Meat Sauce with Caesar Salad



PLEASE REMEMBER TO SEND HOT LUNCH DISHES!!

The Board of Education [meeting highlights](#) have been uploaded. You can also access them at [Board Meetings | Rocky Mountain School District No. 6 \(sd6.bc.ca\)](#)

Pottery



Robyn from pottery playground came to our class to teach us how to make clay pots & a big tall cup. I made a pot with cat body part around it. The clay felt weird but it was fun. We had to use a tooth brush & a scewer. It had to stay in a wet cloth so the clay was easier to carve!

Breakfast Program Update

The last weeks have been great! Kids are hungry and lots are coming to the breakfast program which has been wonderful!!! A reminder that we encourage everyone to come and have a little something if they want!

The next two weeks menu:

Mon Apr 8th - Marvelous Muffin Monday and a fruit

Tues Apr 9th - Yogurt and Granola and a fruit

Wed Apr 10th - Breakfast Burritos and a fruit

Thurs Apr 11th - Bagels and a fruit

Fri Apr 12th - PB and Jam Buns and a fruit

Mon Apr 15th - Marvelous Muffin Monday and a fruit

Tues Apr 16th - Hot Oatmeal and toppings

Wed Apr 17th - Breakfast Quiches and a fruit

Thurs Apr 18th - Smoothies!

Fri Apr 19th - Pb and Banana Buns and a fruit

Recipe of the week is:

No Bake Cookies

A super fast, super easy to make cookie made with chewy oatmeal, rich cocoa and creamy peanut butter. A childhood favorite that I'm still making all the time. Your kids will love making them with you or for you!

Ingredients

- 1/2 cup (113g) salted butter
- 1 3/4 cups (350g) granulated sugar
- 1/3 cup (32g) unsweetened cocoa powder
- 1/2 cup (120ml) milk
- 1 tsp vanilla extract
- 2/3 cup (160g) creamy peanut butter
- 3 cups (275g) quick oats (don't use old fashioned oats)

Instructions

- Line two baking sheets with parchment paper or set out approximately 29 cupcake liners.
- In a 2.5 to 3 quart medium saucepan combine butter, sugar, cocoa, and milk.
- Set over medium heat, and cook stirring frequently until it reaches a full boil.
- Allow mixture to boil 60 seconds without stirring.
- Remove from heat, immediately add in vanilla, peanut butter and quick oats.
- Stir mixture until well combined then, using a medium (2 Tbsp) cookie scoop or two spoons drop mixture onto lined baking sheets or into cupcake liners.
- Allow to rest at room temperature until set, about 20 - 30 minutes (to speed up setting refrigerate).
- Store cookies in an airtight container at room temperature.

Enjoy!

Please reach out if you have any questions about breakfast program or need some more lunch or snack ideas!

Aldene Atkinson

aldene.atkinson@sd6.bc.ca



Content for Parent Newsletters

HEALTH PROMOTING SCHOOLS

April 2024



MENTAL HEALTH

National Child & Youth Mental Health Day – May 7, 2024

National Child & Youth Mental Health Day is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.



"I care about you" is our May 7th message. To support this, we offer events and resources that support conversations and connection between caring adults and young people. For more information see:

[May 7th | National Child & Youth Mental Health Day](#)

Online Event with Kim Barthel- May 7, 2024

We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us online to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships. Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. A holistic and engaging story-teller, Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion. For more information and to register for the online event see:



[May 7th | Event with Kim Barthel](#)

R S L

Ready, Set, Learn!



FAMILY FUN FEST



May 4, 2024

9:30AM - 11:30AM



Pothole Park

639 - 7th Ave. Athalmer (Invermere)

FREE Event!

FOOD!

GAMES!

**ACCESS LOCAL
SERVICES!**

FREE GIFT BAG!

**FOR FAMILIES
WITH CHILDREN
AGED 0-5 YEARS**

Join other families and caregivers with pre-school aged children at a **FREE** Ministry of Education and Child Care funded family oriented event. Receive information about **FREE** local early learning programming and services available for you and your child!



Ministry of
Education and
Child Care



ROCKY MOUNTAIN
School District #6

The Invermere Public Library's

LEGO EXPO

with the District of Invermere

Saturday, April 20th 2024

12:00-3:00pm:

Explore awesome LEGO exhibits &

Try LEGO challenges!

Please bring cash for concession!

3:00 pm: The LEGO Movie!

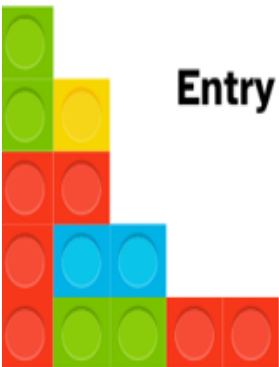


All welcome!

Entry by donation to help support our Bookmobile project.



250-342-6416 publiclibrary@invermere.net
invermere.bc.libraries.coop





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Easter Monday	2 Back to school	3	4	5 Newsletter	6
7	8 PAC Meeting 6:30pm	9 Hot Lunch	10	11	12 School Dance K-3 11:30-12:30 4-7 6:00-8:30	13
14	15	16	17 School-Wide Running 11:30	18	19 Newsletter	20
21	22 NO SCHOOL Non- Instructional Day	23 Hot Lunch	24 School-Wide Running 11:30	25	26 Art from the Heart visits to Pynelogs	27
28	29	30				

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 School-Wide Running 11:30	2	3 Newsletter	4 Ready, Set, Learn -Pothole Park 9:30-11:30
5	6 PAC Mtg 6:30pm	7 Hot Lunch	8 School-Wide Running 11:30	9	10 Interim Reports	11
12 <i>Happy Mother's Day</i>	13	14	15 School-Wide Running 11:30	16 Welcome to Kindergarten 9:00-10:30	17 Newsletter WES FUN RUN 12:00	18
19	20 NO SCHOOL Victoria Day	21 Hot Lunch	22 Gr 2 Trout Hatchery	23 Gr 6/7 Hoo- doos Trail	24	25
26	27	28 WES TRACK MEET (Gr 3-7) @ DTSS	29	30	31 Newsletter	